



**STRESS IN DENTISTRY**

<p><a href="#">A systematic review of dentists' psychological wellbeing during the COVID-19 pandemic</a></p> <p>How dental staff can prevent burnout [Log in to the <a href="#">BDA home page</a> and follow the link to the BDJ and then BDJ In Practice to access]</p>	<p>BDJ 2023; 235: doi.org/10.1038/s41415-023-6232-8</p> <p>BDJ In Practice 2023; 36 (5): 18-19</p>
<p><a href="#">A survey of mental wellbeing and stress among dental therapists and hygienists in South West England</a></p>	<p>BDJ 2022; 233 (12): doi.org/10.1038/s41415-022-5357-5</p>
<p><a href="#">Mental health and inclusivity support and education in a UK dental school: a cross-sectional survey</a></p>	<p>BDJ 2022; 233 (12): 1029-34</p>
<p>Impact of social support on perceived stress in Latin American and Caribbean dental students and dental practitioners during mandatory social isolation within the coronavirus pandemic in 2020 [can be accessed on DOSS free by logging in <a href="#">on this page</a>]</p>	<p>Chin J Dent Res 2022; 25 (3): 205-213</p>
<p>Protecting mental health and wellbeing in dentistry (request using <a href="https://www.smartsurvey.co.uk/s/PJHMV/">https://www.smartsurvey.co.uk/s/PJHMV/</a>)</p>	<p>Dental Nursing 2022; 18 (9): 434</p>
<p><a href="#">Stress coping strategies, burnout, secondary traumatic stress, and compassion satisfaction amongst Israeli dentists: a cross-sectional study</a></p>	<p>Int Dent J 2022; 72 (4): 476-83</p>
<p><a href="#">Health and wellbeing of clinical dental care professionals: a systematic review</a></p>	<p>Primary Dental Journal 2022; 11(2): 40-50</p>
<p><a href="#">Editorial: Beyond the individual: the need for team based and system-wide solutions to support improved mental health in dentistry</a></p>	<p>Community Dent Health 2022; 39 (2): 66-7</p>
<p><a href="#">Burnout syndrome in dentists: Work-related factors</a></p>	<p>J Dentistry 2022; 121: 104143</p>
<p><a href="#">The impact of the COVID-19 pandemic on the mental health of dentists in Wales</a></p>	<p>BDJ 2022; 232 (1): 44-54</p>
<p>Impact of grit, resilience, and stress levels on burnout and well-being of dental students [Accessible from the link <a href="#">on this page</a>]</p>	<p>J Dental Education 2021; online 9 November</p>
<p>Burnout in dentistry [can be accessed on DOSS free by logging in <a href="#">on this page</a>]</p>	<p>Faculty Dental Journal 2021; 12(4): 208-209</p>
<p><a href="#">Supporting dentists' health and wellbeing - workforce assets under stress: a qualitative study in England</a></p>	<p>BDJ 2021; 231 (2): doi.org/10.1038/s41415-021-3130-9</p>
<p><a href="#">Supporting dentists' health and wellbeing - a qualitative study of coping strategies in 'normal times'</a></p>	<p>BDJ 2021; 231 (2): doi.org/10.1038/s41415-021-3205-7</p>
<p><a href="#">Work environment, job satisfaction and burnout among Spanish dentists: a cross-sectional study</a></p>	<p>BMC Oral Health 2021; 21: 156 doi.org/10.1186/s12903-021-01480-9</p>
<p><a href="#">A simple screening tool for occupational burnout among dentists</a> [free to members on Science Direct. If you do not have a login email <a href="mailto:library@bda.org">library@bda.org</a> to request one]</p>	<p>J Am Dent Assoc 2021; 152 (2): 136-45</p>
<p><a href="#">The 'R' word – do dental core trainees possess it?</a> [free to members on Science Direct. If you do not have a login email <a href="mailto:library@bda.org">library@bda.org</a> to request one]</p>	<p>Br J Oral Maxillofac Surg 2020; 58 (10): 1255-60</p>



**STRESS IN DENTISTRY**

<a href="#">Dentists working conditions – factors associated with perceived workload</a>	Acta Odontol Scand 2020 doi: 10.1080/00016357.2020.1849791
Stress, psychological distress, burnout and perfectionism in UK dental students [log in to the <a href="#">BDA home page</a> and follow the link to the BDJ to access]	BDJ 2020; 229: 605-14
Virtual online learning communities reducing dental student stress and anxiety [Accessible from the Wiley link <a href="#">on this page</a> ]	J Dent Educ 2020 Sep 15 doi: 10.1002/jdd.12430
Frightened of the pulp? A qualitative analysis of undergraduate student confidence and stress during the management of deep caries and the exposed pulp [Accessible from the Wiley link <a href="#">on this page</a> ]	Int Endod J 2020 Aug 31 doi: 10.1111/iej.13393
Stress and coping strategies in pediatric dental residents [Accessible from the Wiley link <a href="#">on this page</a> ]	J Dent Educ 2020 Jun 30 doi: 10.1002/jdd.12262
Perceived stress and quality of life among graduate dental faculty [Accessible from the Wiley link <a href="#">on this page</a> ]	J Dent Educ 2020 Jun 14 doi: 10.1002/jdd.12241
The stress of success: An online module to help first-year dental students cope with the Impostor Phenomenon [Accessible from the Wiley link <a href="#">on this page</a> ]	J Dent Educ 2020; 84(9): 1016-1024
Relationship between emotional intelligence, stress, and burnout among dental hygiene students [Accessible from the Wiley link <a href="#">on this page</a> ]	J Dent Educ 2020; 84(8): 864-870
Occupational burnout and depression among paediatric dentists in the United States [Accessible from the Wiley link <a href="#">on this page</a> ]	Int J Paediatr Dent 2020; 30(5): 570-577
High prevalence of stress and suicidal ideation in women with temporomandibular disorder: A population-based cross-sectional survey (request using <a href="https://www.smartsurvey.co.uk/s/PJHMV/">https://www.smartsurvey.co.uk/s/PJHMV/</a> )	CRANIO 2020 Jan 30 doi: 10.1080/08869634.2020.1721174
<a href="#">Burnout and professional quality of life among Israeli dentists: the role of sensory processing sensitivity</a>	Int Dent J 2020; 70(10): 29-37
Depression, anxiety and stress in a cohort of Australian dentistry students [Accessible from the Wiley link <a href="#">on this page</a> ]	Eur J Dent Educ 2019; 23(4): 507-514
Job stress and its related factors among Korean dentists: An online survey study [Accessible from the Wiley link <a href="#">on this page</a> ]	Int Dent J 2019; 69(6): 436-444
Key determinants of health and wellbeing of dentists within the UK: a rapid review of over two decades of research [log in to the <a href="#">BDA home page</a> and follow the link to the BDJ to access]	BDJ 2019 227: 127-36
Should mentoring be routinely introduced into general dental practice to reduce the risk of occupational stress? [log in to the <a href="#">BDA home page</a> and follow the link to the BDJ to access]	BDJ 2019; 227: 121-5
An empirical study of how emotion dysregulation and social cognition relate to occupational burnout in dentistry [log in to the <a href="#">BDA home page</a> and follow the link to the BDJ to access]	BDJ 2019; 227: 285-90



<a href="#">Perceptions of stress among dentists: an investigation of stress management among dental practitioners in South Africa</a>	SADJ 2019; 74 (2): 56-61
<a href="#">Impact of time pressure on dentists' diagnostic performance</a> [free to members on Science Direct. If you do not have a login email <a href="mailto:library@bda.org">library@bda.org</a> to request one]	J Dent 2019; 82: 38-44
An analysis of stress and burnout in UK general dental practitioners: subdimensions and causes [log in to the <a href="#">BDA home page</a> and follow the link to the BDJ to access]	BDJ 2019; 226: 125-30
A survey of stress, burnout and well-being in UK dentists [log in to the <a href="#">BDA home page</a> and follow the link to the BDJ to access]	BDJ 2019; 226: 40-9
Perceived sources of stress amongst dental students: a multicountry study [can be accessed on DOSS free by logging in <a href="#">on this page</a> ]	Eur J Dent Educ 2018; 22: 258-71
Adverse events during dental care for children: implications for practitioner health and wellness [can be accessed on DOSS free by logging in <a href="#">on this page</a> ]	Pediatric Dent 2018; 40: 323-6
<a href="#">On high alert?</a>	Scottish Dentist 2018; (October): 36-7
<a href="#">Crash &amp; burn</a>	Scottish Dentist 2018; (October): 30-2
Teaching stress management in undergraduate dental education: are we doing enough? [log in to the <a href="#">BDA home page</a> and follow the link to the BDJ to access]	BDJ 2018; Advance online publication March 16 2018
Perceived stress and well-being in UK and Australian dental hygiene and dental therapy students [can be accessed on DOSS free by logging in <a href="#">on this page</a> ]	Eur J Dent Educ 2018; (22): e602-e611
Teaching stress management in undergraduate dental education: are we doing enough? [log in to the <a href="#">BDA home page</a> and follow the link to the BDJ to access]	Br Dent J 2018; Mar 16 [Epub ahead of print] doi: 10.1038/sj.bdj.2018.220
Work stress, health behaviours and coping strategies in dentists from Cluj-Napoca, Romania [can be accessed on DOSS free by logging in <a href="#">on this page</a> ]	Int Dent J 2018; Jan 7 [Epub ahead of print] doi: 10.1111/idj.12361
Burnout, depression and suicidal ideation in dental and dental hygiene students [can be accessed on DOSS free by logging in <a href="#">on this page</a> ]	Eur J Dent Educ 2018; (22): e70-e74
<a href="#">Perceived causes of stress among a group of western Canadian dental students</a>	BMC Res Notes 2017; (10): 714
<a href="#">Correlation of occupational stress with depression, anxiety, and sleep in Korean dentists: cross-sectional study</a>	BMC Psychiatry 2017; (17): 398
<a href="#">Perceived stress among French dental students and their opinion about education curriculum and pedagogy</a>	J Int Soc Prevent Comm Dent 2017; (7): S92-S98
Perceived sources and levels of stress, general self-efficacy and coping strategies in preclinical dental students	Psychol Health Med 2017; Oct 6: 1-10 doi: 10.1080/13548506.2017.1384844



**STRESS IN DENTISTRY**

<a href="#">Occupational stress and burnout among Hong Kong dentists</a>	Hong Kong Med J 2017; 23(5): 480-488
<a href="#">Association of emotional labor, self-efficacy, and type a personality with burnout in Korean dental hygienists</a>	J Korean Med Sci 2017; (32): 1423-1430
Does stress in a dental hygiene and dental therapy undergraduate programme contribute to a sense of well-being in the students? [log in to the <a href="#">BDA home page</a> and follow the link to the BDJ to access]	Br Dent J 2017; 223(1): 22-26
<a href="#">Depression, anxiety and stress in dental students</a>	Int J Med Educ 2017; (8): 179-186
Does student debt affect dental students' and dentists' stress levels [log in to the <a href="#">BDA home page</a> and follow the link to the BDJ to access]	Br Dent J 2017; 223(8): 601-6
Stress and well-being in dental hygiene and dental therapy students [log in to the <a href="#">BDA home page</a> and follow the link to the BDJ to access]	BDJ Team 2017; 4: 17136
The evaluation of a continuing professional development package for primary care dentists designed to reduce stress, build resilience and improve clinical decision-making [log in to the <a href="#">BDA home page</a> and follow the link to the BDJ to access]	Br Dent J 2017; 223 (4): 261-71
A study to explore if dentists' anxiety affects their clinical decision-making [log in to the <a href="#">BDA home page</a> and follow the link to the BDJ to access]	Br Dent J 2017; 222 (4): 277-90
Perceived stress and well-being among dental hygiene and dental therapy students [og in to the <a href="#">BDA home page</a> and follow the link to the BDJ to access]	Br Dent J 2017; 222(2): 101-106
A study to explore specific stressors and coping strategies in primary dental care practice [log in to the <a href="#">BDA home page</a> and follow the link to the BDJ to access]	Br Dent J 2016; 220(9): 471-478
How neurolinguistic psychotherapy (NLPT) could help to improve psychological wellbeing within the dental profession (request using <a href="https://www.smartsurvey.co.uk/s/PJHMV/">https://www.smartsurvey.co.uk/s/PJHMV/</a> )	Dent Update 2016; (43): 288-292
<a href="#">A longitudinal study of psychological stress among undergraduate dental students at the University of Jordan</a>	BMC Med Educ 2016; (16): 90
<a href="#">Environmental and perceived stress in Australian dental undergraduates: preliminary outcomes</a>	Dent Res Dent Clin Dent Prospects 2016; 10(4): 270-279
<a href="#">Dental students' educational environment and perceived stress: the University of Malaya experience</a>	Malays J Med Sci 2016; 23(3): 49-56
<a href="#">A review of occupationally-linked suicide for dentists</a>	NZ Dent J 2016; (June): 39-46
<a href="#">Stress and coping in fourth-year medical and dental students</a>	NZ Dent J 2015; (September): 102-8
<a href="#">Effectiveness of a dental students stress management program</a>	Health Prof Educ 2015; 1 (1): 34-42
<a href="#">Sources of occupational stress in NSW and ACT Dentists</a>	Aust Dent J 2015; (60) 182-189
<a href="#">Stress crisis uncovered</a>	Scottish Dental Mag 2015; (May): 34-35



<a href="#">Under pressure</a>	Scottish Dental Mag 2015; (May): 30-32
Burnout and its related factors in Korean dentists [can be accessed on DOSS free by logging in <a href="#">on this page</a> ]	Int Dent J 2015; (65): 22-31
<a href="#">Perceived sources of stress among Malaysian dental students</a>	Int J Med Educ 2015; (6): 56-61
<a href="#">Burnout, depression and suicidal ideation in dental students</a>	Med Oral Patol Oral Cir Bucal 2014; 19 (3) :e206-11
A systematic review of stress in dental students (request using <a href="https://www.smartsurvey.co.uk/s/PJHMV/">https://www.smartsurvey.co.uk/s/PJHMV/</a> )	J Dent Educ 2014; 78 (2): 226-242
<a href="#">Role of stress in burnout among students of medicine and dentistry – a study in Ljubjana, Slovenia, Faculty of Medicine</a>	Coll Antropol 2014; (28): 879-887
<a href="#">Engaged or exhausted—how does it affect dentists’ clinical productivity?</a>	Burnout Res 2014; (1): 12-18
<a href="#">Stress management in dental students: a systematic review</a>	Adv Med Educ Pract 2014; (5): 167-176
<a href="#">Perceived stress latent factors and the burnout subtypes: a structural model in dental students</a>	PLoS ONE 2014; 9 (6): e99765
Professional burnout: its relevance and implications for the general dental community [can be accessed on DOSS free by logging in <a href="#">on this page</a> ]	Quint Int 2014; 45 (1): 87-90
Subjective well-being in dentists: the role of intrinsic aspirations [can be accessed on DOSS free by logging in <a href="#">on this page</a> ]	Comm Dent Oral Epidemiol 2014; 42: 279-88
With a little help from my assistant: buffering the negative effects of emotional dissonance on dentist performance [can be accessed on DOSS free by logging in <a href="#">on this page</a> ]	Comm Dent Oral Epidemiol 2013 <u>41</u> 415-23
<a href="#">Stress and burnout among Swiss dental residents</a>	Schweiz Monatsschr Zahnmed 2012; 122 (7/8): 610-615
<a href="#">Work-related stress among health professionals in Northern Jordan</a>	Occup Med 2012; (62): 145-147
Stress amongst dental students: a systematic review [can be accessed on DOSS free by logging in <a href="#">on this page</a> ]	Eur J Dent Educ 2011; (15): 8-18
<a href="#">Are you at the end of your tether?</a>	Scot Dent Mag 2011 (April/May) 31-33
Condition of depressive symptoms among Japanese dental students [can be accessed on DOSS free by logging in <a href="#">on this page</a> ]	Odontol 2011 <u>99</u> 179-187
Burnout and engagement in relation with job demands and resources among dental staff in Northern Ireland [can be accessed on DOSS free by logging in <a href="#">on this page</a> ]	Comm Dent Oral Epidemiol 2011 <u>39</u> 87-95
<a href="#">Comparative inter-institutional study of stress among dentists</a>	Acta Odontol Latinoam 2010; 23 (3): 222-227
Risk of suicide amongst dentists: myth or reality? (request using <a href="https://www.smartsurvey.co.uk/s/PJHMV/">https://www.smartsurvey.co.uk/s/PJHMV/</a> )	Int Dent J 2010 <u>60</u> 411-418



**STRESS IN DENTISTRY**

<a href="#">Stress in Irish dentists: developing effective coping strategies</a>	J Irish Dent Assoc 2009/2010; 55 (6): 304-307
<a href="#">Burnout among the clinical dental students in the Jordanian universities</a>	J Clin Med Res 2009; 1 (4): 207-211
<a href="#">Stress-associated factors in Mexican dentists</a>	Braz Oral Res 2008; 22 (3): 223-228
A survey of stress levels, self-perceived health and health-related behaviours of UK dental practitioners in 2005 [log in to the <a href="#">BDA home page</a> and follow the link to the BDJ to access]	Br Dent J 2008; (204): e19
Relationships between psychosocial work environmental factors, personality, physical work demands and workload in a group of Swedish dentists (request using <a href="https://www.smartsurvey.co.uk/s/PJHMV/">https://www.smartsurvey.co.uk/s/PJHMV/</a> )	Swedish Dental J 2008 <u>32</u> 197-203
Using the Maslach Burnout Inventory among dentists: burnout measurement and trends [can be accessed on DOSS free by logging in <a href="#">on this page</a> ]	Community Dent Oral Epidemiol 2008 <u>36</u> 69-75
Burnout development among dentists: a longitudinal study [can be accessed on DOSS free by logging in <a href="#">on this page</a> ]	Eur J Oral Sci 2008 <u>116</u> 545-551
Canadian dental students' perceptions of stress and social support [can be accessed on DOSS free by logging in <a href="#">on this page</a> ]	Eur J Dent Educ 2008 <u>12</u> 144-148
How to reduce the stress of general dental practice: the need for research into the effectiveness of multifaceted interventions [log in to the <a href="#">BDA home page</a> and follow the link to the BDJ to access]	Br Dent J 2006 <u>200</u> 437-440
Psychological well-being and perceptions of stress amongst Japanese dental students [can be accessed on DOSS free by logging in <a href="#">on this page</a> ]	Eur J Dent Educ 2005 <u>9</u> 17-25
<a href="#">Stress, burnout, anxiety and depression among dentists</a> [free to members on Science Direct. If you do not have a login email <a href="mailto:library@bda.org">library@bda.org</a> to request one]	JADA 2004 <u>135</u> 788-94
How relevant is counselling in relation to dentistry? [log in to the <a href="#">BDA home page</a> and follow the link to the BDJ to access]	Br Dent J 2004 <u>197</u> 9-14
Analysis of anxiety variables in dental students (request using <a href="https://www.smartsurvey.co.uk/s/PJHMV/">https://www.smartsurvey.co.uk/s/PJHMV/</a> )	Int Dent J 2004 <u>54</u> 445-49
The relationship between occupational stress and job satisfaction in orthodontics (request using <a href="https://www.smartsurvey.co.uk/s/PJHMV/">https://www.smartsurvey.co.uk/s/PJHMV/</a> )	Am J Orthod Dentofacial Orthop 2004 <u>126</u> (1) 106-9
'It's difficult being a dentist': stress and health in the general dental practitioner [log in to the <a href="#">BDA home page</a> and follow the link to the BDJ to access]	Br Dent J 2004 <u>197</u> (2) 89-93
<a href="#">The role of occupational stress in the maladaptive use of alcohol by dentists: a study of South Australian general dental practitioners</a>	Aust Dent J 2003 <u>48</u> (2) 102-9
Stress in dental specialists: a comparison of six clinical dental specialties (request using <a href="https://www.smartsurvey.co.uk/s/PJHMV/">https://www.smartsurvey.co.uk/s/PJHMV/</a> )	Primary Dental Care 2002 <u>9</u> (3) 100-04



## STRESS IN DENTISTRY

---

- [Stress-related suicide by dentists and other health care workers](#) [free to members on Science Direct. If you do not have a login email [library@bda.org](mailto:library@bda.org) to request one] JADA 2001 132 786-94
- Burnout intervention among Dutch dentists: long-term effects [can be accessed on DOSS free by logging in [on this page](#)] Eur J Oral Sci 2001 109 380-87
- [When professional burnout syndrome leads to dysthymia](#) J Can Dent Assoc 2000 66 33-4